

A Nonprofit Dedicated to Providing Patient-Centered Care in Medically Underserved Communities

**Overview Booklet** 



Community Health Development Foundation is a nonprofit with a mission to to improve the health outcomes of underserved populations by expanding access to health and wellnes-related services and programming.

This mission is rooted in the belief that communities are healthier when well-equipped to fulfill their residents' social and preventative care needs.

The Community Health Development Foundation is the partner nonprofit of Community Health Development Partners, ("CHDP"), a healthcare real estate developer and facility operator that focuses its efforts on rural, lower-income and medically underserved areas.

# **Our Focus**

Our efforts to improve community health are centered around three main goals: listening to community members, connecting individuals to resources, and taking a community-specific approach to both preventative care and health education.

#### **COMMUNITY ADVISORY BOARDS**



At each health center in which we operate, the Foundation establishes a Community Advisory Board to ensure that the services we offer are aligned with local needs. Area residents provide insights into their experiences as patients, share their ideas for improvements, and collaborate to shape the future of healthcare in their community.

#### PATIENT NAVIGATION PROGRAMS



We develop referral networks that connect clients with resources like advocates, agencies, and nonprofits which support social determinants of health. With the help of a convenient online tool, our Patient Navigators assist clients in identifying, understanding, and utilizing services that can improve their total health and well-being.

#### **COMMUNITY-FOCUSED OFFERINGS**



We work with community members and local physicians to identify existing gaps in health and wellness education. We then partner with nearby businesses, nonprofits, and service providers to offer new educational opportunities that fulfill those needs. Programs range from healthy cooking demonstrations and addiction support to preventative care education and health screenings.

# **Our Committments**

Prioritzing community engagement and inclusive partnerships Addressing each community's unmet needs and resource constraints

Facilitating communications between providers and community organizations

Working to understand and improve the overall patient experience

# **Our Board of Directors**

Community Health Development Foundation is governed by a diverse group of experts who have committed their careers to community health.

Its Board of Directors includes:



# Gloria D. Coronado

Gloria is a national leader in research on affordable, long-term solutions to health disparity issues. She leads a well-funded research portfolio that inspires health system leaders to make sensible, evidence-informed choices to engage hard-to-reach populations in life-saving preventive behaviors. Dr. Coronado has developed several innovative, cost-effective interventions to improve rates of participation in cancer screening among patients served by community health centers.

Over the course of her career, Dr. Coronado has led over 35 federally funded grants and has published over 180 peer-reviewed manuscripts. She currently serves as a Committee member of the National Academies of Sciences, Engineering, and Medicine on Improving the Representation of Women and Underrepresented Minorities in Clinical Trials and Research.



# Mateo Banegas PhD, MPH

Mateo is an Associate Professor at the University of California San Diego. Dr. Banegas' research is focused on understanding the delivery, costs, and value of health care, and on improving health equity among underserved populations. Currently, he is leading a study to test whether financial navigation can reduce financial hardship among people who have been diagnosed with cancer.

Dr. Banegas has conducted numerous studies on the social, economic, and behavioral needs of individuals and their families, and how these needs can affect their overall health. He received his PhD in health services from the University of Washington and completed his postdoctoral fellowship at the National Cancer Institute.



## **Candias Jones**

Candi is a leader in health, race, and gender advocacy, with a career-long commitment to actualizing the principles of Diversity, Equity, Inclusion, and Belonging within and across the organizations she serves. Candi's survivor leadership, community activism, and solution-focused work that inspires and empowers has been highly awarded, including a 2023 National Sexual Violence Resources Center's Visionary Voice Award, 2022 Tribute to Women Award, and 2021 Young Black and Influential Award.

Candi currently serves as the CEO/Executive Director at Girls Inc of the Midlands, a non-profit organization empowering and supporting young women and girls to achieve their full potential. Her other advocacy work includes serving as President of the Women's Fund Circles Leadership Team and membership on the Methodist Foundation Board, the Nebraska Children and Families Board, the Nebraska Coalition Board, the Anti-Trafficking Youth Services Program Multidisciplinary Team, and the Appointed State Domestic Abuse Death Review Team.



# Colleen McShea MS, CCC-SLP

Colleen is the CEO of Milemarkers, a "one stop shop" providing a broad spectrum of therapeutic services to individuals with disabilities and their families. Milemarkers' services foster independence, promote close family relationships, build skills, and create opportunities for adults and children with disabilities to increase functional independence.

Colleen is a member of the American Speech-Language-Hearing Association and served for six years on the Lake Havasu Chamber of Commerce Foundation for Education and Leadership Development. Her career and work emphasize high-level entrepreneurial management and growth strategies to create operational excellence for organizations of any size.



# COMMUNITY ADVISORY BOARD

Patients receive better care when they have a say in their healthcare. That is why participating in a Community Advisory Board is so important. Advisory Board members help shape the health services their neighbors receive They help create a supportive environment to develop solutions for issues faced within their own community.

They participate in an ongoing partnership with providers and non-profit organizations to help shape care for their area.

For the Advisory Board, a patient's experience is much more important than expertise, so anyone willing to share their opinion is qualified to participate.

## The Benefits

- Patients use their own experiences to improve care within their own community
- Non-profit groups are able to tailor their work to what patients need most
- O Healthcare providers better understand what patients value most when receiving care
- Patients' unique perspectives help improve the overall healthcare system of a community



#### What is a Community Advisory Board?

A Community Advisory Board provide opinions and suggestions on the care they receive and what services the Foundation offers. They are very important in helping best serve communities holistically. They are valuable advocates for the health of their neighbors and surrounding communities.

#### What do Board Members do?

Advisory Boards provide recommendations about the care they receive and what classes and programs CHDF offers in their community. They provide their opinion on what would work best in their area and help our team better understand their community's customs and challenges.

#### How many people serve on a Community Advisory Board?

While the size of the Board is not fixed, 6-8 community members typically serve on the Board to ensure we represent everyone's point of view.

#### Who can be a Board Member?

We are looking for anyone from communities or surrounding areas where the Foundation has a presence. Anyone is welcome - we seek to engage a broad group with diverse perspectives to reflect the needs of the entire community.

#### Is previous training required to serve on a Community Advisory Board?

No previous training or special knowledge is required. We are interested in your unique perspectives as community members.

#### How long do Community Advisory Board Members serve?

Advisory Board Members do not serve for any set term, but we encourage participation from individuals with interest in serving long-term. Continuity is key to the success of the board.

#### How do you pick an Advisory Board Member?

Our goal is to include a diverse group of community members that ensure a broad representation of experiences from a community. We are much more interested in a person's experiences than expertise.

#### What is the total time commitment required of members?

We realize that panelists often have full-time jobs and other obligations, so we seek to minimize the time commitment and frequency of meetings. Advisory Board members will spend less than hour a week on Board activities, including the monthly meeting.

#### Will Advisory Board meetings be open to the public?

Meetings will be private to ensure everyone involved feels comfortable sharing opinions, as they're based on personal health experience. Meeting minutes will be recorded for future reference or to relay information as needed.

# CHDF'S PATIENT NAVIGATION PROGRAM

Staying healthy requires more than just medical care. People need safe places to live, healthy foods to eat, and communities that support them.

To help promote this continuum of care, Community Health Development Foundation establishes local patient navigation programs to easily connect patients and community members with advocates, agencies and nonprofits in their area.

Powered by a convenient online tool called UniteUS, these programs help individuals successfully identify, understand and utilize social services that are critical to their care. Referred services might include disability support, early childhood education, family caregiving, free transportation, mental health resources, rehabilitation programs, respite care, or shelters, among other social supports.

Each navigation program is offered to its community free of charge and aims to:

- O Simplify the entry of individuals' specific needs into a centralized referral system
- Match individuals with services that have been identified as key components of their care
- Utilize Patient Navigators to help establish contact, identify next steps, overcome procedural barriers, and ensure that referrals are successfully utilized
- Quantify understanding and resources to the specific social service and wellness needs of individual communities
- Respond to social determinants of health needs as part of a whole-personhealth mission

## **Who Benefits**

# Community Members

Individuals are able to address specific social determinants of health needs and obtain 1:1 assistance securing a variety of services. Access to these resources helps improve the health and overall quality of life for people and families.

### Healthcare Providers

Providers are able to connect patients to social services and wellness referrals through a single system with access to a large network of local community partners. Service referrals lead to an increase in success and satisfaction rates for physicians.

## Community Organizations

Community Organizations are able to extend their reach and build awareness at no additional cost. By onboarding new clients and partnering with the patient navigator, they're able to spend more time directly contributing to client care.

## **How it Works**

## **Connect**

Community members in need of services connect with our Patient Navigator through referrals placed by physicians, other service providers, or through self-referral.



## Identify



Our Patient Navigator conducts client intake, including a Social Determinants of Health screening to identify specific social health and wellness needs.

Refer



The Patient Navigator matches clients with services that have been identified as key components of their care and provides referrals through UniteUS.

#### **Ensure**



The Patient Navigator facilitates engagement, providing any necessary support for resource access and following up to ensure client's needs are successfully met.





A Patient Navigator facilitates referrals between care providers, community groups, and state and national patient programs. They ensure patients referrals are 'closed' and all needs have been met. Patient Navigators work to address the client's barriers to care by identifying critical resources for patients, helping them navigate the complexities of the health care system.

The Foundation's Patient Navigator relies on their knowledge of local, state, and national aid programs to help patients find programs that help facilitate their care. Our Patient Navigator maintains a community resource guide to provide the most up-to-date guide on available programs.

The Patient Navigator facilitates CHDF's educational programs and is the local point of contact for all our classes and programs. Our Patient Navigator meets with clients to review and update care referrals. They maintain strict confidentiality in accordance with national and state regulations as well as company policies.





As a nonprofit, the Community Health Development Foundation's activities are funded entirely through private donations, grant dollars, and a financial support from Community Health Development Partners, LLC. To support the Foundation's work with your own financial contribution, or to suggest a potential partnership in a community where the Foundation is currently active, head to our website, CommunityHDF.org or email us directly at info@communityhdf.org.