



# COMMUNITY HEALTH

DEVELOPMENT FOUNDATION

**Impact Report**  
**2021-2023**

# A Brief Retrospective

As we reflect on the beginning of Community Health Development Foundation's journey, from our creation in 2020 through the end of 2023, we are thrilled to share our inaugural impact report.

In 2020, CHDF took our first bold steps toward realizing our vision of a world where health disparities no longer define the outcomes of underserved populations. Our vision serves as CHDF's guiding light, inspiring us to create positive change and contribute to building healthier communities.

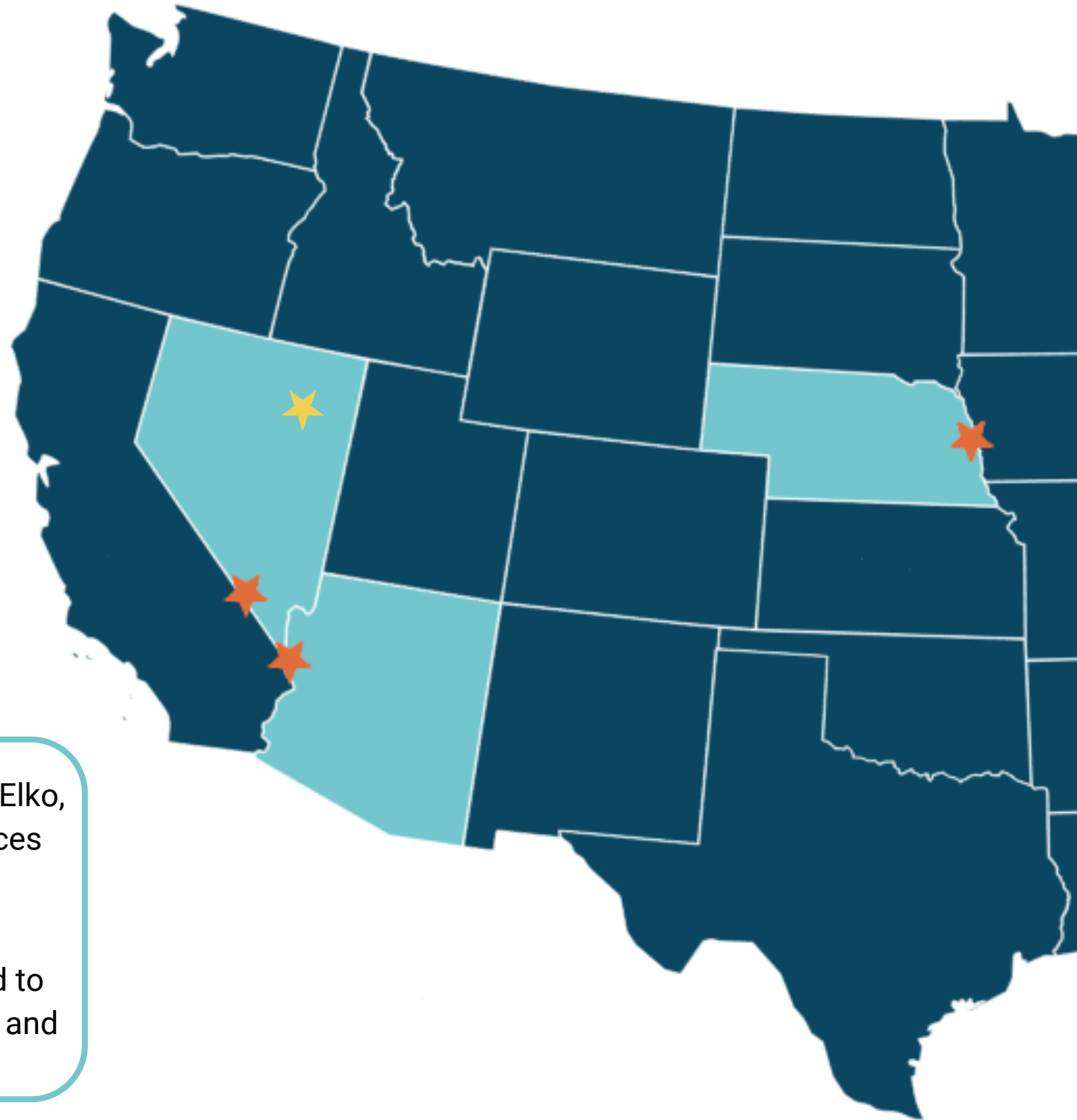
We ground our work in our organization's mission: to improve the health outcomes of underserved populations by expanding those populations' access to health- and wellness-related services and programming. This mission is rooted in the belief that communities are healthier when they are well-equipped to fulfill their residents' social and preventative care needs. As such, CHDF is committed to revolutionizing access to health- and wellness-related services and support, ensuring that every individual, regardless of their background, has the opportunity to thrive.

Over the past three years, CHDF has pioneered four new health and wellness initiatives in the communities of Elko, NV, and Omaha, NE, described further in our Programs and Services section below. In 2024, we look forward to expanding our resource coordination program into Lake Havasu City, AZ and Pahrump, NV. We also look forward to developing a Community of Practice in Omaha, NE, bringing together a diverse group of nonprofits, community members, and other organizations to innovate solutions for improving mental health in the communities we serve.

We offer our sincerest thanks to everyone who has made our work possible. We couldn't have accomplished all of this without the support of our donors, board, employees, and volunteers.

# Where We Work

CHDF partners with Community Health Development Partners to establish health and wellness resources in rural and underserved American communities across the West. CHDF is headquartered in Omaha, Nebraska.



- ★ Our flagship location in Elko, Nevada, providing services since 2021
- ★ CHDF sites under development, scheduled to begin operation in 2024 and beyond





# Programs and Services





# Resource Connection

Modeled on the principles of patient navigation, our resource coordination service is the heart of our programming. Resource connection seeks to address underlying causes of poor health and alleviate stressors which can worsen health outcomes by facilitating connections between community members and existing social and health services. Since Fall of 2021, our full-time navigator has connected community members to a wide range of critical supports, including housing assistance, food, healthcare, legal counsel, and child and senior care.

As of August 2022, our navigation project is fully supported by the Nevada Coronavirus State Fiscal Recovery Fund through the American Rescue Plan Act of 2021, US Treasury. With this grant funding, we have provided 136 individual resource connections to residents of Elko and the surrounding counties.

# Nutrition Education

In December 2021, Elko CHDF began a heart-healthy cooking class “Healthy for Life,” based on the American Heart Association curriculum of the same name. Hosted by CHDF and facilitated by a local registered dietician, this free class met monthly through December 2023, providing access to health professionals and nutrition education to 66 members of the Elko community.



# Technology Access for Seniors



In 2022, CHDF received an award from the AARP Community Challenge grant program to provide technology and learning opportunities to the senior centers in Carlin and Wells, NV. This grant purchased four laptops and four iPads as permanent resources for the centers and provided a series of training sessions over a four-month period. CHDF recruited volunteers from local high schools to assist seniors in developing basic technology skills, teaching a total of 12 seniors how to set up email addresses, identify scams, place and receive video calls, share pictures and other attachments, search Google effectively, and use social media.



# Community of Practice

In the summer of 2023, CHDF was awarded a small grant from the University of Great Plains IDeA-CTR Network housed at the University of Nebraska Medical Center. This funding allowed us to conduct stakeholder interviews in Omaha as a basis for our next steps in developing a mental-health-focused Community of Practice, bringing together a coalition of community and wellness focused organizations to collaborate on building solutions that can benefit all of the communities we serve. This work will continue into 2024, and we look forward to watching this innovative program unfold.



# Community Participation

In Elko, CHDF has been represented at a variety of community events, meetings, and activities. These events include Zero Suicide meetings, the Health and Fitness Fair, Access to Health Care Resource Fair, and many others. Our presence at these events showcases our programming, expanding our reach in the community.

In May of 2022, representatives from CHDF travelled to Pahrump and Lake Havasu City to begin meeting with community groups to discuss developing local partnerships in advance of our 2024 facility openings. This trip was an important first step in creating community-specific programming in both areas.



# Our Board



Gloria Coronado, PhD

President



Matteo Banegas, PhD

Financial Officer



# Our Board (cont.)



Colleen McShea

Director



Candias Jones

Director



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